

BTVN NGÀY 08-05**Giải các phương trình lượng giác sau:**

$$1/ \quad 2 \cos 2x - 8 \cos x + 7 = \frac{1}{\cos x}$$

$$2/ \quad 4 \cos^2 x + 3 \tan^2 x - 4\sqrt{3} \cos x + 2\sqrt{3} \tan x + 4 = 0$$

$$3/ \quad \sqrt{3 - \cos x} - \sqrt{\cos x + 1} = 2$$

$$4/ \quad \sin^3 x - \cos^3 x = \cos 2x \cdot \tan \left(x + \frac{\pi}{4} \right) \cdot \tan \left(x - \frac{\pi}{4} \right)$$

$$5/ \quad \cos^2 \left(x + \frac{\pi}{3} \right) + \cos^2 \left(x + \frac{2\pi}{3} \right) = \frac{1}{2} (\sin x + 1)$$

.....**Hết**.....**Phụ trách môn Toán hocmai.vn****Trịnh Hòa Quang**

HDG CÁC BTVN

- BTVN NGÀY 05-05:**

$$1/ \quad 4\sin^3 x - 1 = 3\sin x - \sqrt{3}\cos 3x$$

$$\Leftrightarrow \sin 3x - \sqrt{3}\cos 3x = -1 \Leftrightarrow \frac{1}{2}\sin 3x - \frac{\sqrt{3}}{2}\cos 3x = -\frac{1}{2}$$

$$\Leftrightarrow \sin\left(3x - \frac{\pi}{3}\right) = \sin\left(-\frac{\pi}{6}\right) \Leftrightarrow \begin{cases} x = \frac{\pi}{18} + \frac{k2\pi}{3} \\ x = \frac{\pi}{2} + \frac{k2\pi}{3} \end{cases}$$

$$2/ \quad \sin 3x + (\sqrt{3} - 2)\cos 3x = 1$$

$$\text{Coi: } t = \tan \frac{3x}{2} \Rightarrow \frac{2t}{1+t^2} + \frac{(\sqrt{3}-2)(1-t^2)}{1+t^2} = 1 \Leftrightarrow (\sqrt{3}-1)t^2 - 2t + (3-\sqrt{3}) = 0$$

$$\Leftrightarrow \begin{cases} t = 1 \\ t = \sqrt{3} \end{cases} \Leftrightarrow \begin{cases} \tan \frac{3x}{2} = 1 \\ \tan \frac{3x}{2} = \sqrt{3} \end{cases} \Leftrightarrow \begin{cases} x = \frac{\pi}{6} + \frac{k2\pi}{3} \\ x = \frac{2\pi}{9} + \frac{k2\pi}{3} \end{cases}$$

$$3/ \quad 4\sin^3 x + 3\cos^3 x - 3\sin x - \sin^2 x \cos x = 0(1)$$

$$* \text{ Xét } \sin x = 0 \Rightarrow 3\cos^3 x = \pm 3 \neq 0$$

$$(1) \Leftrightarrow 4 + 3\cot^3 x - 3(\cot^2 x + 1) - \cot x = 0$$

$$\Leftrightarrow \begin{cases} \cot x = 1 \\ \cot x = -\frac{1}{\sqrt{3}} \\ \cot x = \frac{1}{\sqrt{3}} \end{cases} \Leftrightarrow \begin{cases} x = \frac{\pi}{4} + k\pi \\ x = \pm \frac{\pi}{3} + k\pi \end{cases}$$



$$4/ \quad 2 \sin 5x + \sqrt{3} \cos 3x + \sin 3x = 0$$

$$\sqrt{3} \cos 3x + \sin 3x = -2 \sin 5x \Leftrightarrow -\frac{\sqrt{3}}{2} \cos 3x - \frac{1}{2} \sin 3x = \sin 5x$$

$$\Leftrightarrow \cos\left(\frac{5\pi}{6} + 3x\right) = \sin 5x = \cos\left(\frac{\pi}{2} - 5x\right)$$

$$\Leftrightarrow \begin{cases} \frac{5\pi}{6} + 3x = \frac{\pi}{2} - 5x + k2\pi \\ \frac{5\pi}{6} + 3x = 5x - \frac{\pi}{2} + k2\pi \end{cases} \Leftrightarrow \begin{cases} x = -\frac{\pi}{24} + \frac{k\pi}{4} \\ x = \frac{2\pi}{3} - k\pi \end{cases}$$

$$5/ \quad 2 \sin 4x + 3 \cos 2x + 16 \sin^3 x \cos x - 5 = 0$$

$$\Leftrightarrow 2 \sin 4x + 3 \cos 2x + 8 \sin 2x \cdot \sin^2 x - 5 = 0$$

$$\Leftrightarrow 2 \sin 4x + 3 \cos 2x + 8 \sin 2x \cdot \left(\frac{1 - \cos 2x}{2}\right) - 5 = 0$$

$$\Leftrightarrow 2 \sin 4x + 3 \cos 2x + 4 \sin 2x - 2 \sin 4x - 5 = 0$$

$$\Leftrightarrow 3 \cos 2x + 4 \sin 2x = 5 \Leftrightarrow \frac{3}{5} \cos 2x + \frac{4}{5} \sin 2x = 1$$

$$\Leftrightarrow \cos(2x - \alpha) = 1 \Rightarrow x = \frac{\alpha}{2} + k\pi; (k \in \mathbb{Z}); \begin{cases} \cos \alpha = \frac{3}{5} \\ \sin \alpha = \frac{4}{5} \end{cases}$$



• **BTVN NGÀY 06-05**

$$1/ \sin x - 4\sin^3 x + \cos x = 0(1)$$

$$\Leftrightarrow \text{Nếu } u: \cos x = 0 \Rightarrow \sin x - 4\sin^3 x = \pm 3 \neq 0$$

$$(1) \Leftrightarrow t \operatorname{an} x (1 + \tan^2 x) - 4 \tan^3 x + 1 + \tan^2 x = 0$$

$$\Leftrightarrow \begin{cases} t = t \operatorname{an} x \\ -3t^3 + t^2 + t + 1 = 0 \end{cases} \Leftrightarrow \begin{cases} t = t \operatorname{an} x \\ (t-1)(3t^2 + 2t + 1) = 0 \end{cases} \Leftrightarrow t \operatorname{an} x = 1 \Leftrightarrow x = \frac{\pi}{4} + k\pi$$

$$2/ \tan x \sin^2 x - 2\sin^2 x = 3(\cos 2x + \sin x \cos x)$$

Chia VT, VP cho $\cos^2 x$ ta có:

$$\tan^3 x - 2 \tan^2 x = 3 \frac{(\cos^2 x - \sin^2 x + \sin x \cos x)}{\cos^2 x}$$

$$\Leftrightarrow \tan^3 x - 2 \tan^2 x = 3(1 - \tan^2 x + t \operatorname{an} x) \Leftrightarrow \begin{cases} t \operatorname{an} x = t \\ t^3 + t^2 - 3t - 3 = 0 \end{cases}$$

$$\Leftrightarrow \begin{cases} t \operatorname{an} x = t \\ (t+1)(t^2-3) = 0 \end{cases} \Leftrightarrow \begin{cases} t \operatorname{an} x = -1 \\ t \operatorname{an} x = \pm\sqrt{3} \end{cases} \Leftrightarrow \begin{cases} x = -\frac{\pi}{4} + k\pi \\ x = \pm\frac{\pi}{3} + k\pi \end{cases}$$

$$3/ \sin 2x + 2 \tan x = 3$$

Chia VT, VP cho $\cos^2 x$ ta có:

$$2 \tan x + 2 \tan x (\tan^2 x + 1) = 3(\tan^2 x + 1) \Leftrightarrow \begin{cases} t = \tan x \\ 2t^3 - 3t^2 + 4t - 3 = 0 \end{cases}$$

$$\Leftrightarrow \begin{cases} t = \tan x \\ (t-1)(2t^2 - t + 3) = 0 \end{cases} \Leftrightarrow t \operatorname{an} x = 1 \Leftrightarrow x = \frac{\pi}{4} + k\pi$$



$$4/ \cos^2 x - \sqrt{3} \sin 2x = 1 + \sin^2 x$$

Chia VT, VP cho $\cos^2 x$ ta có:

$$1 - 2\sqrt{3} \tan x = 2 \tan^2 x + 1 \Leftrightarrow \begin{cases} t = \tan x \\ 2t^2 + 2\sqrt{3}t = 0 \end{cases}$$

$$\Leftrightarrow \begin{cases} \tan x = 0 \\ \tan x = -\sqrt{3} \end{cases} \Leftrightarrow x = \begin{cases} k\pi \\ -\frac{\pi}{3} + k\pi \end{cases}$$

$$5/ 3\cos^4 x - 4\sin^2 x \cos^2 x + \sin^4 x = 0$$

Chia VT, VP cho $\cos^4 x$ ta có:

$$3 - 4 \tan^2 x + \tan^4 x = 0 \Leftrightarrow \begin{cases} t = \tan x \\ t^4 - 4t^2 + 3 = 0 \end{cases}$$

$$\Leftrightarrow \begin{cases} \tan^2 x = 1 \\ \tan^2 x = 3 \end{cases} \Leftrightarrow \begin{cases} x = \pm \frac{\pi}{4} + k\pi \\ x = \pm \frac{\pi}{3} + k\pi \end{cases}$$

• **BTVN NGÀY 07-05**

$$1/ \sin x - \cos x + 7 \sin 2x = 1$$

Coi: $t = \sin x - \cos x$; ($|t| \leq \sqrt{2}$)

$$\Rightarrow t + 7(1 - t^2) = 1 \Leftrightarrow 7t^2 - t - 6 = 0 \Leftrightarrow \begin{cases} \sin x - \cos x = 1 \\ \sin x - \cos x = \frac{6}{7} \end{cases}$$

$$\Leftrightarrow \begin{cases} \sin\left(x - \frac{\pi}{4}\right) = \frac{1}{\sqrt{2}} \\ \sin\left(x - \frac{\pi}{4}\right) = -\frac{3\sqrt{2}}{7} \end{cases} \Leftrightarrow \begin{cases} x = \frac{\pi}{2} + k2\pi \\ x = \pi + k2\pi \\ x = \alpha + \frac{\pi}{4} + k2\pi \\ x = \frac{\pi}{4} - \alpha + k2\pi \end{cases}; \sin \alpha = -\frac{3\sqrt{2}}{7}$$



$$2/ \sin 2x + \sqrt{2} \sin\left(x - \frac{\pi}{4}\right) = 1$$

$$\text{Coi : } t = \sin x - \cos x; (|t| \leq \sqrt{2})$$

$$\Rightarrow 1 - t^2 + t = 1 \Leftrightarrow \begin{cases} t = 0 \\ t = 1 \end{cases} \Leftrightarrow \sqrt{2} \sin\left(x - \frac{\pi}{4}\right) = \begin{cases} 0 \\ 1 \end{cases} \Leftrightarrow \begin{cases} x = \frac{\pi}{4} + k2\pi \\ x = \frac{\pi}{2} + k2\pi \\ x = \pi + k2\pi \end{cases}$$

$$3/ \text{ Tìm } m \text{ cho PT : } \sin 2x + 4(\cos x - \sin x) = m \text{ có } ng_0$$

$$\text{Coi : } t = \cos x - \sin x; (|t| \leq \sqrt{2}) \Rightarrow 1 - t^2 + 4t = m$$

$$\Leftrightarrow m = f(t) = -t^2 + 4t + 1 \Rightarrow f'(t) = -2t + 4 > 0; \forall |t| \leq \sqrt{2}$$

$$\Rightarrow f(-\sqrt{2}) \leq m \leq f(\sqrt{2}) \Leftrightarrow -4\sqrt{2} - 1 \leq m \leq 4\sqrt{2} - 1$$

$$4/ \cos 2x + 5 = 2(2 - \cos x)(\sin x - \cos x)$$

$$\cos 2x + 5 = 4(\sin x - \cos x) - \sin 2x + \cos 2x + 1$$

$$\Leftrightarrow 4((\sin x - \cos x) - \sin 2x - 4) = 0$$

$$\text{Coi : } t = \sin x - \cos x; (|t| \leq \sqrt{2}) \Rightarrow 4t - (t^2 - 1) - 4 = 0 \Leftrightarrow t^2 - 4t + 3 = 0$$

$$\Leftrightarrow \sqrt{2} \sin\left(x - \frac{\pi}{4}\right) = 1 \Leftrightarrow \sin\left(x - \frac{\pi}{4}\right) = \frac{1}{\sqrt{2}} \Leftrightarrow x = \begin{cases} \frac{\pi}{2} + k2\pi \\ \pi + k2\pi \end{cases}$$

$$5/ \sin^3 x + \cos^3 x = 2(\sin^5 x + \cos^5 x)$$

$$\Leftrightarrow \sin^3 x(1 - 2\sin^2 x) + \cos^3 x(2\cos^2 x - 1) = 0$$

$$\Leftrightarrow \cos 2x(\sin x - \cos x)(\sin^2 x - \sin x \cos x + \cos^2 x) = 0$$

$$\Leftrightarrow \cos 2x = 0 \Leftrightarrow x = \frac{\pi}{4} + \frac{k\pi}{2}$$



• **BTVN NGÀY 08-05**

$$1/ \quad 2 \cos 2x - 8 \cos x + 7 = \frac{1}{\cos x} \quad (1)$$

$$DK : x \neq \frac{\pi}{2} + k\pi$$

$$(1) \Leftrightarrow \begin{cases} t = \cos x (t \neq) \\ 4t^3 - 8t^2 + 5t - 1 = 0 \end{cases} \Leftrightarrow \begin{cases} \cos x = 1 \Rightarrow x = k2\pi \\ \cos x = \frac{1}{2} \Rightarrow x = \pm \frac{\pi}{3} + k2\pi \end{cases}; k \in \mathbb{Z}$$

$$2/ \quad 4 \cos^2 x + 3 \tan^2 x - 4\sqrt{3} \cos x + 2\sqrt{3} \tan x + 4 = 0 \quad (2)$$

$$DK : x \neq \frac{\pi}{2} + k\pi$$

$$(2) \Leftrightarrow (2 \cos x - \sqrt{3})^2 + (\sqrt{3} \tan x + 1)^2 = 0$$

$$\Leftrightarrow \begin{cases} \cos x = \frac{\sqrt{3}}{2} \Rightarrow x = \pm \frac{\pi}{6} + k2\pi \\ \tan x = -\frac{1}{\sqrt{3}} \Rightarrow x = -\frac{\pi}{6} + k\pi \end{cases} \Leftrightarrow x = -\frac{\pi}{6} + k2\pi (k \in \mathbb{Z})$$

$$3/ \quad \sqrt{3 - \cos x} - \sqrt{\cos x + 1} = 2$$

$$\Leftrightarrow \sqrt{3 - \cos x} = \sqrt{\cos x + 1} + 2 \Leftrightarrow 4\sqrt{\cos x + 1} = -2(\cos x + 1)$$

$$Do : \begin{cases} -2(\cos x + 1) \leq 0; \forall x \\ 4\sqrt{\cos x + 1}; \forall x \end{cases} \Rightarrow \cos x + 1 = 0 \Leftrightarrow \cos x = -1 \Leftrightarrow x = \pi + k2\pi (k \in \mathbb{Z})$$



$$4/ \sin^3 x - \cos^3 x = \cos 2x \cdot \tan\left(x + \frac{\pi}{4}\right) \cdot \tan\left(x - \frac{\pi}{4}\right)$$

$$(\sin x - \cos x)(1 + \sin x \cos x) = -\cos 2x \Leftrightarrow (\sin x - \cos x)(1 + \sin x \cos x + \sin x + \cos x) = 0$$

$$\Leftrightarrow \begin{cases} \sin x - \cos x = 0 \Rightarrow \sin\left(x - \frac{\pi}{4}\right) = 0 \Leftrightarrow x = \frac{\pi}{4} + k\pi \\ 1 + \sin x \cos x + \sin x + \cos x = 0 \Leftrightarrow \begin{cases} t = \sin x + \cos x (|t| \leq \sqrt{2}) \\ t + \frac{t^2 - 1}{2} + 1 = 0 \Leftrightarrow t^2 + 2t + 1 = 0 \Leftrightarrow t = -1 \end{cases} \end{cases}$$

$$\Leftrightarrow \begin{cases} x = \frac{\pi}{4} + k\pi \\ \sin\left(x + \frac{\pi}{4}\right) = -\frac{1}{\sqrt{2}} \end{cases} \Leftrightarrow \begin{cases} x = \frac{\pi}{4} + k\pi \\ x = -\frac{\pi}{2} + k2\pi; (k \in \mathbb{Z}) \\ x = \pi + k2\pi \end{cases}$$

$$5/ \cos^2\left(x + \frac{\pi}{3}\right) + \cos^2\left(x + \frac{2\pi}{3}\right) = \frac{1}{2}(\sin x + 1)$$

$$\Leftrightarrow \frac{1}{4}(\cos x - \sqrt{3}\sin x)^2 + \frac{1}{4}(\cos x + \sqrt{3}\sin x)^2 = \frac{1}{2}(\sin x + 1)$$

$$\Leftrightarrow \frac{1}{2}(1 + 2\sin^2 x) = \frac{1}{2}(\sin x + 1) \Leftrightarrow 2\sin^2 x - \sin x = 0 \Leftrightarrow \begin{cases} \sin x = 0 \\ \sin x = \frac{1}{2} \end{cases} \Leftrightarrow \begin{cases} x = k2\pi \\ x = \frac{\pi}{6} + k2\pi \\ x = \frac{5\pi}{6} + k2\pi \end{cases}; k \in \mathbb{Z}$$

Bài 1:

Tìm các nghiệm thuộc khoảng $(2\pi/5; 6\pi/7)$ của phương trình:

$$\sqrt{3} \sin 7x - \cos 7x = \sqrt{2}$$

Giải:

$$PT \Leftrightarrow \frac{\sqrt{3}}{2} \sin 7x - \frac{1}{2} \cos 7x = \frac{\sqrt{2}}{2} \Leftrightarrow \sin \left(7x - \frac{\pi}{6} \right) = \sin \frac{\pi}{4} \Leftrightarrow \begin{cases} x = \frac{5\pi}{84} + \frac{k2\pi}{7} \\ x = \frac{11\pi}{84} + \frac{k2\pi}{7} \end{cases}; (k \in \mathbb{Z})$$

$$* \text{Khi: } x = \frac{5\pi}{84} + \frac{k2\pi}{7} \Rightarrow \frac{2\pi}{5} < \frac{5\pi}{84} + \frac{k2\pi}{7} < \frac{6\pi}{7} \Leftrightarrow \frac{2}{5} - \frac{5}{84} < \frac{2k}{7} < \frac{6}{7} - \frac{5}{84}$$

$$\Leftrightarrow k = 2 \Leftrightarrow x_1 = \frac{53\pi}{84}$$

$$* \text{Khi: } x = \frac{11\pi}{84} + \frac{k2\pi}{7} \Rightarrow \frac{2\pi}{5} < \frac{11\pi}{84} + \frac{k2\pi}{7} < \frac{6\pi}{7} \Leftrightarrow \frac{2}{5} - \frac{11}{84} < \frac{2k}{7} < \frac{6}{7} - \frac{11}{84}$$

$$\Leftrightarrow k = 1, 2 \Leftrightarrow x_2 = \frac{35\pi}{84}; x_3 = \frac{59\pi}{84}$$

Bài 2:

Tìm các nghiệm thuộc khoảng $(\pi/2; 3\pi)$ của phương trình:

$$\sin \left(2x + \frac{5\pi}{2} \right) - 3 \cos \left(x - \frac{7\pi}{2} \right) = 1 + 2 \sin x$$

Giải:

$$PT \Leftrightarrow \sin \left(2x + 2\pi + \frac{\pi}{2} \right) - 3 \cos \left(x + \frac{\pi}{2} - 4\pi \right) = 1 + 2 \sin x$$

$$\Leftrightarrow \cos 2x + 3 \sin x = 1 + 2 \sin x \Leftrightarrow 1 - 2 \sin^2 x = 1 - \sin x$$

$$\Leftrightarrow 2\sin^2 x - \sin x = 0 \Leftrightarrow \begin{cases} \sin x = 0 \Rightarrow x = k\pi \\ \sin x = \frac{1}{2} \Rightarrow \begin{cases} x = \frac{\pi}{6} + k2\pi \\ x = \frac{5\pi}{6} + k2\pi \end{cases} \end{cases}$$

$$\Leftrightarrow \text{Do } x \in \left(\frac{\pi}{2}; 3\pi\right) \Rightarrow x_1 = \pi; x_2 = 2\pi; x_3 = \frac{13\pi}{6}; x_4 = \frac{5\pi}{6}; x_5 = \frac{17\pi}{6}$$

Bài 3:

Tìm m để phương trình sau có 4 nghiệm thuộc khoảng $(-\pi; 7\pi/3)$:

$$\sin x + m \cos x = m$$

Giải:

$$PT \Leftrightarrow \sin x = m(1 - \cos x) \Leftrightarrow \begin{cases} \cos x = 1 \\ m = \frac{\sin x}{1 - \cos x} \end{cases} \Leftrightarrow \begin{cases} x = 0 \text{ và } x = 2\pi \\ m = \frac{\sin x}{1 - \cos x} (*) \end{cases}$$

Vậy để phương trình ban đầu có 4 nghiệm thì (*) phải có 2 nghiệm phân biệt thuộc khoảng $(-\pi; 7\pi/3)$.

Nhưng số nghiệm của (*) thuộc khoảng $(-\pi; 7\pi/3)$ lại chính là số giao điểm của đường thẳng $y=m$ với đồ thị (C) có phương trình:

$$y = \frac{\sin x}{1 - \cos x} \text{ trên } D = \left(-\pi; \frac{7\pi}{3}\right)$$

$$\text{Xét hàm: } y' = \frac{\cos x - 1}{(1 - \cos x)^2} < 0 \quad \forall x \in D$$

Dựa vào bảng biến thiên ta có: $m \geq \sqrt{3}; m \leq 0$ PT có 4 ng₀

.....**Hết**.....

BT Viên môn Toán hocmai.vn

Trịnh Hà Quang